Has the honor to invite you to the

International exchange seminar

PHYSICAL CONDITIONING IN SOCCER

Venue: Faculty of Kinesiology, University of Zagreb, the main sports hall

Conference starts at: 9:00,
Registration starts at: 8:00

Target audience of the Exchange Seminar includes:
- Physical conditioning coaches in soccer
- Soccer coaches
- Medical doctors and physiotherapists
- Masters of education in kinesiology
- Students of kinesiology
- Other professional staff in soccer

Lectures

Nenad Bjelica (GNK Dinamo) “Development of top-level football team“
A panel with coaches of Croatian national football teams (Zlatko Dalić, Igor Bišćan, Josip Šimunić, Ognjen Vukojević, Tomislav Rukavina, Petar Krpan)

Zlatko Dalić (Head coach of Croatian national A team) “Aproaching EURO 2020“

Roberto Sassi (FC Juventus) “Specific training with and without the ball“

Igor Borić i Eduard Rod (Special hospital Sv. Katarina) “A personalized approach to the prevention, therapy and rehabilitation of sports injuries in football“

Ana Čerenšek (Mentalni trening Ltd.) “Personalized mental training: end view to the prevention of sports injuries in football“

Vlatko Vučetić i Marko Stojanović (KIF UNIZG i FSFV UNINS) “General principles of individual strength and conditioning training for football players“

Important:
In the framework of the Conference “Physical Conditioning 2019“, it will be maintain the exchange seminar “Physical Conditioning in Soccer“ (registration fee 400 kn/50 Euros, students 200 kn/25 Euros)
Registration fee can be covered at the entrance or prepaid on the bank account of the Croatian Physical Conditioning Association, Horvaćanski zavoj 15, 10000 Zagreb, number IBAN: HR3424840081101490221, SWIFT: RZBHHR2X “Participation at the Conference 2020“.

Additional information:
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Conference schedule will be available before the beginning of the Conference.