

Međunarodni seminar PREVENCIJA I REHABILITACIJA SPORTSKIH OZLJEDA 2016

Nedjelja, 28.02.2016.

Mjesto održavanja: VELIKA SPORTSKA DVORANA KINEZIOLOŠKOG FAKULTETA

09:00 - 10:00	Rhodri Lloyd	PREVENCIJSKI TRENING S OPTEREĆENJEM ZA DJECU I MLADE
10:00 - 11:00	Tomislav Vlahović	PREVENCIJA OZLJEDA U NOGOMETU - UEFA INJURIE STUDY
11:00 - 11:15	PAUZA	
11:15 - 12:15	Igor Jukić i Luka Milanović	T.O.M.I.S.A.B.I. - INTEGRALNA PRIPREMA ZA TRENING
12:15 - 13:15	Damir Hudetz	NOVE SPOZNAJE U TRETIRANJU OŠTEĆENJA HRŠKAVICE KOLJENA
13:15 - 13:30	PAUZA	
13:30 - 14:30	Igor Borić	SLIKOVNA DIJAGNOSTIKA SPORTSKIH OZLJEDA GLEŽNJA I STOPALA
14:30 - 15:30	Saša Baščevan	PREVENCIJA OZLJEDA GLEŽNJA

International seminar on SPORTS INJURIES PREVENTION AND REHABILITATION 2016

Sunday, 28.02.2016.

Venue: FACULTY OF KINESIOLOGY, BIG SPORTS HALL

09:00 - 10:00	Rhodri Lloyd	PREVENTION TRAINING WITH LOADS FOR KIDS AND YOUTH
10:00 - 11:00	Tomislav Vlahović	INJURY PREVENTION PROGRAM IN FOOTBALL - UEFA INJURIE STUDY
11:00 - 11:15	PAUZA	
11:15 - 12:15	Igor Jukić i Luka Milanović	T.O.M.I.S.A.B.I. - WHOLE PREPARATION PROGRAM FOR TRAINING
12:15 - 13:15	Damir Hudetz	EMERGING ADVANCES IN TREATMENT OF KNEE CARTILAGE INJURIES
13:15 - 13:30	PAUZA	
13:30 - 14:30	Igor Borić	DIAGNOSIS OF ANKLE AND FOOT SPORT INJURIES
14:30 - 15:30	Saša Baščevan	PREVENTING ANKLE INJURIES